MARCH 2024

BonCulina

Product Brochure

BonCulina

Contents

Welcome

BonCulina is part of a Group Food Services that has rapidly expanded internationally over the last 10 years providing nutritionally balanced meals that suit every taste.

Using the experience from European Operations BonCulina has been established in Australia. It's products have been designed for the Australian palate and using the finest ingredients, so our meals are designed for multiple channels such as hospital patients or restaurant dining. We believe that a quality meal is paramount regardless of the end consumer.

Our product range covers the markets of health care, aged care, business and industry, general hospitality, defence and education.

BonCulina is a partner with Torus Pak and is the only food service provider in Australia that that can offer the unique straight-to-plate technology with benefits such as exact meal recipe control, low labour costs thanks to ease of handling, less food waste and appealing presentation.

This brochure showcases our latest food offering in our an individual frozen meal range in the patented Torus Pak.

Please contact our team, follow our LinkedIn-page or visit our website if you would like any further information.

BonCulina

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Product Coding information

Modified Texture Meals

There are a range of dishes that have been specifically designed for people with dysphagia (swallowing difficulties). All textures follow the IDDSI (iddsi.org) guidelines.

- **Level 7** - Easy to chew
- **Level 6** - Soft & Bite-Sized
- **Level 5** - Minced & Moist
- **Level 4** - Puréed

Vegetarian

These dishes are suitable for ovo-lacto vegetarian diets. This means that they do not contain meat, poultry or fish ingredients or their bi-products, such as gelatine or animal based rennet. They may contain milk, cheese or egg. We use vegetarian cheese made with non-animal rennet.

Vegan

These dishes are suitable for vegan diets. They do not contain meat, poultry, fish, egg, honey or their products and bi-products. You will see the logo next to them where applicable.

Kosher and Halal

Authorities and certificates are available on demand. All meals are fully certified by Kosher and Halal controlling.

Allergen Information

All meals have Allergen suitability disclosure by the following symbols:

- No Fish
- No Sesame
- No Crustacean
- No Celery
- No Molluscs
- No Sulphites
- No Egg
- No Lupins
- No Tree Nut
  Includes Brazil nut, cashew, hazelnut, macadamia, pecan, pistachio and walnut
- No Mustard
- No Peanuts
- No Soy
- No Diary
- Does Not Contain Gluten

A number of people need to avoid gluten in their diet for health reasons, usually for Coeliac disease or dermatitis herpetiformis, where their bodies are intolerant of the protein found in wheat and some other cereals. Many people also choose to avoid gluten for lifestyle reasons or perceived health benefits.

These dishes do not contain any ingredients that contain cereals containing gluten, namely: wheat, rye, barley, oats, spelt, kamut or their hybridised strains, and products thereof, except: wheat-based glucose syrups including dextrose; wheat based maltodextrins; glucose syrups based on barley; and cereals used for making alcoholic distillates including ethyl alcohol of agricultural origin.

BonCulina Plated in Torus Pak® offer unique advantages

Expect the exceptional and enter the next dimension of straight-to-plate food with BonCulina Plated in Torus Pak®. This packaging solution is unique for BonCulina UK and turns every ready meal into a star performance, giving a restaurant style presentation.

What makes food enjoyable? We believe that the key is the best ingredients combined with a pleasant presentation. From restaurants to hospitals and canteens, with BonCulina Plated you can give your guests that special feeling of being invited to dine with friends.

Is good food a matter of life quality for your patients? Do your meals provide a welcome change from daily routine and aid the recovery process? With BonCulina Plated in Torus Pak® you can serve a large number of exactly portioned dishes just as easily as a selection of lovingly arranged ready meals.

This is made possible by the patented Torus Pak® technology. The meal tray can be individually filled and opens in a surprising way from the bottom. It is compatible with almost every packaging line and wonderfully straightforward to reheat: simply warm through, pull off the base, remove the packaging – and voilà! Dinner is served.

BonCulina Plated with the patented Torus Pak® technology have several benefits both regarding sustainability, easy handling, consistency and economy.

Easy handling

- square pack size maximises oven space when reheating
- neat pack size optimises storage space
- uncomplicated, fast and gentle reheating – even in small spaces

Flexibility

- Broad range including kids and vegan ranges
- square pack size maximises oven space when reheating
- neat pack size optimises storage space
- flexibility serving to individual needs

TORUS PAK®
redefining dining

BonCulina
Plated

Consistency and economy

- appealing presentation every time – restaurant quality look
- exact meal portions
- low labour costs thanks to easy handling

Dinner experience

- Patented straight to plate delivery system
- No more eating off a plastic 'liner'

Sustainability

- low water and energy consumption
- recyclable raw material
- Light weight plastic – typically 30% lighter than other plated system
- Our tray is 'colour friendly' and is easily recycled

BonCulina

Plated

Unique Packaging Solution

Use the microwave or regeneration oven to heat Torus Pak® - Pull the base to uncover plated perfection.

The ingenious idea behind the special **'simply serve'** concept is the removable base film, guaranteeing simple handling, perfect hygiene and ultimately the perfect presentation of the meal on the plate.


BonCulina
Plated
Delivered on award-winning removable base packing, for perfect presentation, every time.
BonCulina


Main
Dishes
BonCulina

Beef Main Dishes

Product Name	Portion Size (g)	No Fish	No Crustaceans	No Molluscs	No Egg	No Tree Nuts	No Peanuts	No Gluten	No Dairy	No Sesame	No Celery	No Sulphites	No Lupins	No Mustard	No Soy (Soya, Soya Bean)	Vegan	Vegetarian	Lacto Ovo	Kosher	Halal
Black Pepper Beef & Jasmine Rice	400gm	✓	✓	✓		✓	✓				✓	✓	✓	✓	✓					
Indonesian Beef Curry & Rice	400gm	✓		✓		✓	✓			✓	✓	✓	✓	✓						
Beef Bouguignon, Mashed Potato & Vegetables	400gm		✓	✓		✓	✓			✓	✓	✓	✓	✓						
Roast Beef, Vegetables, Red Wine Gravy	400gm	✓	✓	✓		✓	✓			✓		✓	✓	✓	✓					
Roast Beef with Red Wine Gravy & Waffle Potato	400gm	✓				✓					✓				✓					
Shepherds Pie with Vegetables	400gm	✓	✓	✓		✓	✓					✓	✓	✓						
Corned Beef with Mild Mustard Gravy, Parsley Potato & Carrot	400gm	✓	✓	✓		✓	✓			✓	✓	✓	✓		✓					
Beef Stroganoff with Mushroom & Spinach Fettucini	400gm	✓	✓	✓		✓	✓			✓	✓	✓	✓		✓					
Italian Meatballs in Penne Pasta	360gm	✓	✓	✓		✓	✓			✓	✓	✓	✓	✓	✓					
Roast Beef with Gravy and Roast Vegetables	350gm	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓						✓
Beef Bolognese with Penne Pasta and Vegetables	350gm	✓	✓	✓	✓	✓	✓			✓		✓	✓	✓	✓					✓
Beef Massaman with Jasmine Rice, Green Beans & Carrots	350gm			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓					✓
Beef Lasagne	360gm	✓	✓	✓		✓	✓			✓	✓	✓	✓	✓	✓					
Beef Goulash & Gnocchi with Carrots, Broccoli, Sweetcorn and Sweet Potato Mash	400gm	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓	✓				✓	
Roast Veal Mushroom Sauce, Carrots, Broccoli, Red Cabbage & Snow Peas	400gm	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓				✓	

Lamb Main Dishes

Product Name	Portion Size (g)	No Fish	No Crustaceans	No Molluscs	No Egg	No Tree Nuts	No Peanuts	No Gluten	No Dairy	No Sesame	No Celery	No Sulphites	No Lupins	No Mustard	No Soy (Soya, Soya Bean)	Vegan	Vegetarian	Lacto Ovo	Kosher	Halal
Lamb Shank, Red Wine Jus, Potato Mash with Beans & Carrot	400gm																			
Roast Lamb, Crushed Potato & Kale	400gm																			
Lamb Kofta with Pilaf	350gm																			

Pork Main Dishes

Product Name	Portion Size (g)	No Fish	No Crustaceans	No Molluscs	No Egg	No Tree Nuts	No Peanuts	No Gluten	No Dairy	No Sesame	No Celery	No Sulphites	No Lupins	No Mustard	No Soy (Soya, Soya Bean)	Vegan	Vegetarian	Lacto Ovo	Kosher	Halal
Pork Bangers & Mash	400gm																			
Pork Scotch Steak with Apple BBQ Sauce & Vegetables	400gm																			
Curried Pork Sausages, Potato & Capsicum	405gm																			
Roast Pork, Colcannon & Vegetables	400gm																			
Spaghetti Carbonara	360gm																			

Poultry Main Dishes

Product Name	Portion Size (g)	No Fish	No Crustaceans	No Molluscs	No Egg	No Tree Nuts	No Peanuts	No Gluten	No Dairy	No Sesame	No Celery	No Sulphites	No Lupins	No Mustard	No Soy (Soya, Soya Bean)	Vegan	Vegetarian	Lacto Ovo	Kosher	Halal
Paella with Chicken & Chorizo	400gm																			
Braised Chicken with Barley & Roast Vegetables	402gm																			
Chicken & Black Bean Sauce with Jasmine Rice	400gm																			
Chicken with Mushroom Cream & Sweet Potato	400gm																			
Chicken Sweet & Sour with Jasmine Rice	400gm																			
Roast Chicken, Herb Gravy & Scallop Potato	402gm																			
Roast Chicken with Garlic Parmesan Cream	398gm																			
Spicy Teriyaki Chicken with Koshi Rice & Pickles	395gm																			
Mild Butter Chicken	400gm																			
Tikka (Spicy) Butter Chicken	400gm																			
Honey Soy Chicken & Jasmine Rice	400gm																			
Soy Braised Chickent with Shitake Shallot Sauce	400gm																			
Duck a L'Orange, Brussel Sprouts & Creamy Mash Potato	400gm																			
Coq au Vin with Scallop Potato & Beans	400gm																			
Chicken with Tomato Caper & Balsamic Sauce	400gm																			
Roast Turkey with Cranberry Sauce, Scallop Potato & Beans	400gm																			
Red Curry Chicken with Jasmine Rice	400gm																			
Chicken Cacciatore with Rissoni	350gm																			

Seafood Main Dishes

Product Name	Portion Size (g)	No Fish	No Crustaceans	No Molluscs	No Egg	No Tree Nuts	No Peanuts	No Gluten	No Dairy	No Sesame	No Celery	No Sulphites	No Lupins	No Mustard	No Soy (Soya, Soya Bean)	Vegan	Vegetarian	Lacto Ovo	Kosher	Halal
Thai Red Curry Barramundi & Jasmine Rice	400gm																			
Grilled Salmon with Garlic Cream & Broad Beans	360gm																			
Creamy Tuna Bake with Spiral Pasta, Peas & Corn	360gm																			
Cajun Salmon with Black Eyed Peas, Green Beans & Pilaf Rice	360gm																			
Spaghetti Marinara	360gm																			
Chilli Ginger Fish with Jasmine Rice & Vegetables	360gm																			
Mediterranean Fish with Tomato & Caper Sauce with Orzo Pasta & Vegetables	360gm																			
South Indian Fish Curry with Pilaf Rice	380gm																			
Thai Fish Red Curry with Vegetables and Steamed Rice	350gm																			
Baked Fish Parve with served with Corn, Carrots, Potato, Peas and Sweet Potato Mash	400gm																			

Vegan/Vegetarian

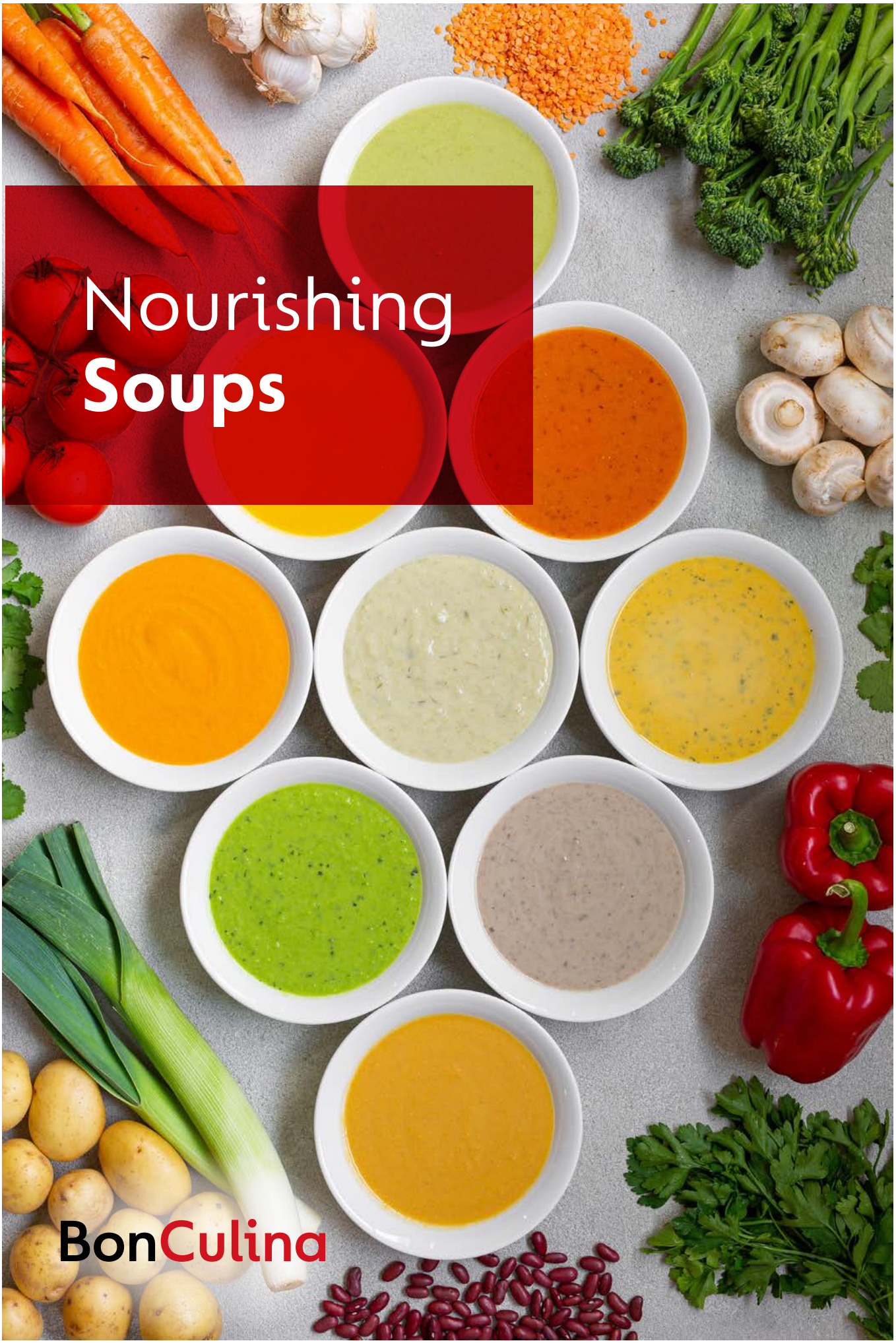
Product Name	Portion Size (g)	No Fish	No Crustaceans	No Molluscs	No Egg	No Tree Nuts	No Peanuts	No Gluten	No Dairy	No Sesame	No Celery	No Sulphites	No Lupins	No Mustard	No Soy (Soya, Soya Bean)	Vegan	Vegetarian	Lacto Ovo	Kosher	Halal
Vegan Singapore Noodles	350gm	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓
Tofu & Coconut Curry with Quinoa & Brown Rice	350gm	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓		✓
Basil Pesto Pasta with Steamed Broccoli	400gm	✓	✓	✓	✓			✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aloo Mutter	400gm	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
Pumpkin & Cashew Masala	400gm	✓	✓	✓	✓			✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Dahl Makhani	400gm	✓	✓	✓	✓			✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aloo Tikka Masala	400gm	✓	✓	✓	✓			✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Kosher & Halal

Product Name	Portion Size (g)	No Fish	No Crustaceans	No Molluscs	No Egg	No Tree Nuts	No Peanuts	No Gluten	No Dairy	No Sesame	No Celery	No Sulphites	No Lupins	No Mustard	No Soy (Soya, Soya Bean)	Vegan	Vegetarian	Lacto Ovo	Kosher	Halal
Chilli Ginger Fish with Jasmine Rice & Vegetables	360gm		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓					✓
Mediterranean Fish with Tomato & Caper Sauce with Orzo Pasta & Vegetables	360gm		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓					✓
South Indian Fish Curry with Pilaf Rice	380gm		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓					✓
Thai Fish Red Curry with Vegetables & Steamed Rice	350gm			✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓					✓
Roast Beef with Gravy & Roast Vegetables	350gm	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓						✓
Beef Bolognese with Penne Pasta & Vegetables	350gm	✓	✓	✓	✓	✓	✓			✓		✓	✓	✓	✓					✓
Beef Massaman with Jasmine Rice, Green Beans & Carrots	350gm			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓					✓
Chicken Cacciatore with Rissoni	350gm	✓	✓	✓		✓	✓			✓	✓		✓	✓	✓					✓
Lamb Kofta with Pilaf Rice	350gm	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓					✓
Vegan Singapore Noodles	350gm	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓		✓
Tofu & Coconut Curry with Quinoa & Brown Rice	350gm	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓		✓
Basil Pesto Pasta with Steamed Broccoli	400gm	✓	✓	✓	✓			✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aloo Mutter	400gm	✓	✓	✓	✓			✓	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
Pumpkin & Cashew Masala	400gm	✓	✓	✓	✓			✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Dahl Makhani	400gm	✓	✓	✓	✓			✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Aloo Tikka Masala	400gm	✓	✓	✓	✓			✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Beef Goulash & Gnocchi with Carrots, Peas, Bok Choi & Broccoli	400gm	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓	✓				✓	
Roast Chicken Natural Gravy, Fried Rice with Carrots, Peas, Bok Choi & Broccoli	400gm	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓					✓	
Roast Veal Mushroom Sauce, Carrots, Broccoli, Red Cabbage & Snow Peas	400gm	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓				✓	
Baked Fish, Carrots, Roast Potatoes, Peas, Corn & Sweet Potato Mash	400gm		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓				✓	

Modified Textured

Product Name	Portion Size (g)	No Fish	No Crustaceans	No Molluscs	No Egg	No Tree Nuts	No Peanuts	No Gluten	No Dairy	No Sesame	No Celery	No Sulphites	No Lupins	No Mustard	No Soy (Soya, Soya Bean)	Vegan	Vegetarian	Lacto Ovo	Kosher	Halal
Roasted Chicken, Mashed Potato, Peas with Gravy	300gm	●	●	●		●	●	●		●	●	●	●							
Garlic Chicken Kiev, Cream Garlic Sauce with Sweet Potato Mash & Beans	300gm	●	●	●		●	●	●		●			●							
Candy Maple Syrup, Dill Cream Sauce Sweet Potato, Minted Peas & Mash Potato	300gm	●	●	●	●	●	●	●		●			●				●	●		
Mexican Quinoa Steak with Corn, Sweet Potato Mash & Tomato Salsa	300gm	●	●	●	●	●	●	●		●			●				●	●		
Red Lentil Casserole with Mash Potato, Beans in a Yellow Curry Sauce	300gm	●	●	●	●	●	●	●		●			●				●	●		
Salmon Patties with Tartare style sauce, Roast Pumpkin and Mash Potato	300gm		●	●		●	●	●		●			●							
Wild Barramundi with Hollandaise Sauce, Sweet Potato and Beans	300gm		●	●		●	●	●		●	●		●		●					
Sweet & Sour Chicken with Mash Potato and Carrot	300gm	●	●	●		●	●	●		●	●	●	●	●	●					
Chicken & Spinach Cannelloni & Napoli Sauce with Peas & Pumpkin	300gm	●	●	●		●	●	●		●		●	●	●	●					
Italian Style Pork & Fennel Sausages with Mash Potato, Carrot & Napoli Sauce	300gm	●	●	●		●	●	●		●		●	●	●	●					
Garlic Prawns with Garlic Cream, Peas and Mash Potato	300gm	●		●		●	●	●		●	●	●	●	●	●					
Chicken with Sundried Tomato Ravioli with Creamy Tomato Sauce, Potato and Pumpkin	300gm	●	●	●		●	●	●		●			●							
Roasted Beef, Gravy and Horse Radish Cream, Carrots and Mash Potato	300gm	●	●	●		●	●	●		●	●	●	●	●	●					
Roasted Pork, Gravy with Apple Sauce, Broccoli and Mash Potato	300gm	●	●	●		●	●	●		●	●	●	●	●	●					
Corn Beef, Creamy Mustard Sauce with Peas and Mash Potato	300gm	●	●	●		●	●	●		●	●	●	●	●	●					
Braised Steak, Pepper Sauce, Green Beans and Mash Potato	300gm	●	●	●	●	●	●	●		●			●							
Braised Steak, Mushroom Sauce, Yellow Beans and Sweet Potato	300gm	●	●	●	●	●	●	●		●			●							
Greek Style Lamb Chop with Vegetables & Tzatziki Style Sauce	300gm	●	●	●	●	●	●	●		●			●							
Beef Sausages, Onion Gravy, Mash Potato and Peas	300gm	●	●	●	●	●	●	●		●	●	●	●	●	●					
American BBQ Pork Chop with BBQ Sauce, Green Beans and Sweet Potato	300gm	●	●	●	●	●	●	●		●	●	●	●	●	●					
Lentil Sausages with Cauliflower, Beetroot Mash and Kale Pesto	300gm	●	●	●	●	●	●	●		●			●			●	●	●		
Three Bean Meatloaf with Baba Ghanoush, Peas and Roasted Capsicum Sauce	300gm	●	●	●	●	●	●	●		●			●			●	●	●		
Falafel with Sweet Potato Mash, Broccoli and Hummus	300gm	●	●	●	●	●	●	●		●			●			●	●	●		


Nourishing
Soups
BonCulina

Nourishing Soups

Product Name	Portion Size (g)	No Fish	No Crustaceans	No Molluscs	No Egg	No Tree Nuts	No Peanuts	No Gluten	No Dairy	No Sesame	No Celery	No Sulphites	No Lupins	No Mustard	No Soy (Soya, Soya Bean)	Vegan	Vegetarian	Lacto Ovo	Kosher	Halal
Roasted Pumpkin		✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		
Green Pea & Ham		✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓					
Spiced Carrot & Lentils		✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		
Potato & Leek		✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		
Thick Vegetable		✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		
Minestrone		✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓	✓		
Cream of Chicken		✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓						


Desserts
BonCulina

Desserts

Product Name	Portion Size (g)	No Fish	No Crustaceans	No Molluscs	No Egg	No Tree Nuts	No Peanuts	No Gluten	No Dairy	No Sesame	No Celery	No Sulphites	No Lupins	No Mustard	No Soy (Soya, Soya Bean)	Vegan	Vegetarian	Lacto Ovo	Kosher	Halal
Baked Cheesecake - Blueberry	120gm																			
Baked Cheesecake - Lemon Curd	120gm																			
Baked Cheesecake - Vanilla	120gm																			
Cheesecake - Blueberry	120gm																			
Cake - Tiramisu	120gm																			
Mousse - Chocolate	120gm																			
Mousse Cake - Caramel	120gm																			
Mousse Cake - Chocolate Mint	120gm																			
Cobbler - Apple	120gm																			
Crumble - Apple Blackberry	120gm																			
Pie - Apple	120gm																			
Pudding - Apricot Jam	120gm																			
Pudding - Bread & Butter	120gm																			
Pudding - Golden Syrup	120gm																			
Pudding - Chocolate	120gm																			

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BonCulina-Australia